

MIDER

QI 146 Creating a Long COVID Pathway Through Integrated Working

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Creating a Long COVID Pathway Through Integrated Working

Project Lead: Chloe Davoile, Long COVID Rehabilitation Coordinator



Aim: To establish a Long COVID pathway across UHCW & CWPT.

Summary:

The aim was to establish an integrated pathway across 2 health trusts which use separate staffing teams, IT, operational, & clinical systems. This was achieved through collaborative working across both trusts to establish:

- Referral pathway and GP training
- Community rehab arm inc. Vocational rehab
- Review of MDT attendance
- Joint Trust MDT meeting,
- DPAs and DPIAs completed for data sharing,
- Psychology rehab criteria,
- Assessment paperwork,
- Cross ICB recovery group-face to face and virtual offer

QI Tools Used:

- Driver Diagram
- SPC Charts
- PDSA Cycle

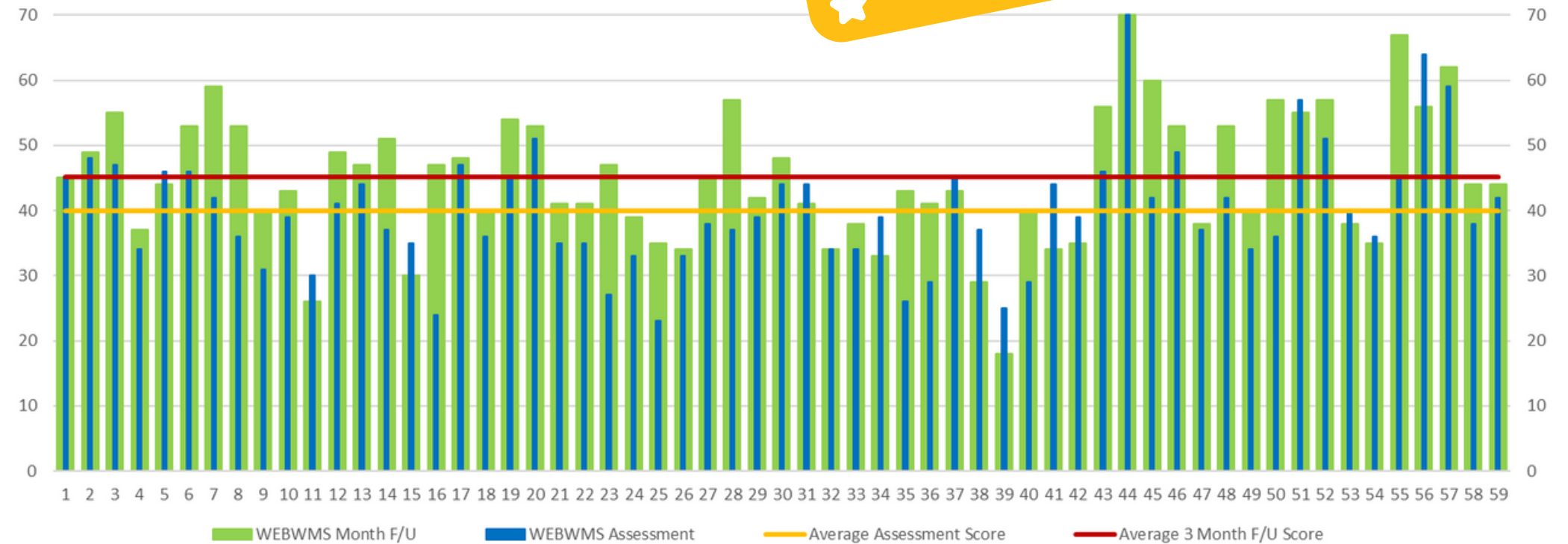


Outcomes & Benefits:

- Networking across local Trusts.
- Positive patient feedback.
- Contribution to evidence base through practice-based research.
- National presentation RCOT, Adapt framework, Listen project, FFT thematic analysis.

Significant improvements seen in outcome scores comparing Assessment, Discharge and 3 Month FU;

Outcome Type	Improvement @ Discharge	Improvement @ 3 Month FU
FAS	71% (79 patients)	76% (41 patients) ↑
WEBWMS	69% (77 patients)	75% (44 patients) ↑



Next Steps:

- Pro-active case finding work, including a Long COVID workshop.



- Co-production to develop the cross ICB psychology offer, including rehabilitation intervention.



- Increase capacity of psychology offer (group development, recruitment).



- Develop a recovery group to help patients convalesce.



- Scope peer support groups in collaboration with voluntary sector.